

CURRICULUM VITAE

PERSONAL

NAME: M^aCristina

SURNAMES: Adrados Planell

PLACE AND DATE OF BIRTH: Valencia, May 23, 1975



UNIVERSITY EDUCATION

1996-2002: Bachelor of Medicine at the Faculty of Medicine UAB. Hospital de la Vall d'Hebrón

Graduate as Specialist at the National Medical Education System – M.I.R. Barcelona, February 23, 2004 (MIR 2111).

PhD courses in Pediatrics, Obstetrics and Gynecology, University Autònoma de Barcelona (**24 credits**). 2006-2009.

- Obstetric and gynecological ultrasound course. Obtaining Level I and II of the Section of Obstetric and gynecological ultrasound of the Spanish society of gynecology and obstetrics (SESEGO). Hospital Vall d'Hebron January 2007. (4 credits)
- High risk perinatology II. Vall d' Hebron. April 2006. (4 credits) Excellent
- Basic course in colposcopy and lower genital tract disease. Institut Dexeus, Mach 2008. (3 credits) Excellent
- Advances in breast pathology and gynecologic oncology. Vall d'Hebron. March 2008. (3 credits)
- Continuing education course in Reproduction and Infertility. Vall d'Hebron. February 2009. (4 credits)
- Menopause: controversies and current knowledge. Hospital del Mar. May 2006 (3 credits) Excellent
- Research Methodology in Medicine. Vall d'Hebron. May 2009(3 credits)

SPECIALIZED TRAINING

- Internal Medical Resident in Obstetrics and Gynecology.
Hospital Universitari de Girona "Doctor Josep Trueta". 2004-2009.
- Training at the Service of General and Digestive Surgery.
Hospital Universitari de Girona "Doctor Josep Trueta". October-November 2008.
- Training at the Breast Pathology Unit.
Hospital Universitari de Girona "Doctor Josep Trueta". December 2008-
January 2009.
- External training at the Prenatal Diagnosis Unit and Ultrasound.
Hospital Universitari Vall d'Hebron. Achieving level III at obstetric and
gynecological ultrasound (SESEGO). April 2009.
- External training in Endocrinology Unit Hospital de la Santa Creu and
Sant Pau de Barcelona. September 2008.
- Guards in Services:

Hospital Josep Trueta:

- General emergencies (2004– 2005)
- Gynecology and Obstetrics (2004– 2009)
- General and Digestive Surgery (October-November 2008)

ADDITIONAL TRAINING

- **First Certificate in English (FCE)** at the Cambridge University. Level C.
- **Nivell C** de la Direcció General de Política Lingüística (Catalan Language C Level).
- SAP Courses aimed at practitioners personnel (ICS). Hospital de Girona Dr. Josep Trueta. April 2009

EXPERIENCE

- Volunteering Unit Medulars and Burn Injuries. Hospital de la Vall d'Hebrón. Barcelona 1999 – 2001
- Emergency care and ongoing care to domiciliary at the Àrea bàsica de Salut de Camprodon, as a Family Medicine Doctor. June-July 2002
- Emergency care and ongoing care to domiciliary at the Àrea bàsica de Salut del Gironès, Ambulatori de Banyoles, as a Family Medicine Doctor. August-September 2002
- Associated Doctor at the prenatal diagnosis and ultrasound of the Gynecology and Obstetrics Unit at the Hospital Dr. Josep Trueta in Girona. June 2009-until now. Making fetal echocardiography.
- Associated Doctor at the Infertility and Assisted Reproduction of the Gynecology and Obstetrics Unit at the Hospital Dr Josep Trueta in Girona. June 2009-until now
- Associated Doctor as a Gynecology and Obstetrics Specialist at the Àrea Bàsica de Salut del Gironès i Pla de l'Estany and CAPS (Gúell and Banyoles)
- 3D/4D Ultrasound.

TEACHING ACTIVITY: COURSES, CONFERENCES AND SEMINARS ACADEMIC

- Common Supplementary Courses Program. Hospital Universitari de Girona “Dr. Josep Trueta” (2004-2009). 154 hours:
 - Communication skills (30h)
 - Basic life support(4h)

- Courses at the Hospital Universitari de Girona Dr Josep Trueta:
 - CPR Obstetric (3h)
 - Cardiopulmonary resuscitation in children (5h).

- Perinatology Courses:
 - XV Course Intensive training in maternal-fetal medicine. Lloret de Mar (Girona), February 2009. 50 hours
 - XXIII Catalan meeting OB/GYN. Olot 2005.
 - XXVI Catalan meeting OB/GYN. Girona November 2008.
 - XXV national congress of gynecological-obstetrical ultrasound (SESEGO) Murcia

- Obstetrical Ultrasounds Courses:
 - Ultrasound diagnosis in Obstetrics and Gynecology. 60hours. Universitat de Barcelona (IL3).
 - Gynecological-obstetric ultrasonography LEVEL III (SESEGO). Hospital Vall d’Hebron BCN. April 2009.180 hours
 - DOPPLER AND CERVICAL LENGTH. Fetal Medicine Foundation. Hospital Vall d’Hebron. December 2005.
 - Ultrasound during 11-14 WEEKS of pregnancy: nuchal translucency. Fetal Medicine Foundation, Hospital Clínic de Barcelona. October 2006.
 - Obstetric Ultrasound fetal morphology. Fetal Medicine Foundation. Hospital Clínic de Barcelona. March 2008.

- Endocrinology and Menopause Contraception Courses:

- Joint Conference on Recent Progress in Reproductive Medicine. Barcelona, novembre 2004.
- IV Continuing education course in contraception. Obstetrics and Gynecology. Berlín, February 2009. 0,9

- Oncology courses:

- XXIX SEGO Breast Pathology and Oncologic Gynecology national meeting. Barcelona, October 2008.
 - . Advances in Endoscopic Treatment in Oncological Gynecology
 - . Particular cases
 - . Paper Wave: Risks in Oncological Gynecology and Breast Pathology
 - . Robotic Conference about Laparoscope in Oncologic Gynecology
 - . Colposcopy
- XV Intensive training of Breast Pathology and Oncologic Gynecology. Lloret de Mar (Girona), February 2008. 50hours

- **COMMUNICATIONS:**

- “La translucencia nual medida en el primer trimestre ¿Puede mejorar los resultados del screening bioquímico del segundo trimestre?” Florensa A., Vila E., Torrent S., **Adrados C.**, Bach C., Sabrià J. XXIII Congreso Nacional de la Sección de Ecografía de la Sociedad Española de Ginecología y Obstetría. Zaragoza. 2004.
- “Índex de Masa Corporal Inicial en gestants, Influència en el pes del nadó i incidència de macrosomia en funció de l’IMC”. **Adrados Planell,C.**; Torrent,S.; Borrell,A.; Florensa,A.; Ramos,JM. XXIV Jornada de Cloenda. Figueres, Maig 2008. Primer premi a la millor Comunicació.

- **POSTERS:**

- “Cribado Bioquímico del segundo trimestre.¿Precisa la población magreví un factor de corrección específico?”. **Adrados Planell,C.**, Torrent,S., Vila,E., Florensa,A., Bach,C., Sabrià,J. XXIII reunió de ginecòlegs i obstetres de les comarques catalanes, Febrer 2005.
- “La Translucencia Nucal medida en el primer trimestre, ¿Puede mejorar los resultados del screening bioquímico del segundo trimestre?” Florensa Royo,A., Vila,E., Torrent,S., **Adrados,C.**, Bach,C., Sabrià,J. XXIII Congreso de la Sección de Ecografía (SESEGO) de la Sociedad Española de Ginecología y Obstetricia
- “Influencia de la corionicidad sobre diferentes parámetros en gestaciones gemelares”. Borrell Molins,A.; Taltavull,A.; **Adrados,C.**; Torrent,S.; Ramos,JM. XXIX Congreso Nacional de la Sociedad Española De Ginecología y Obstetricia. Granada, Maig 2007
- “Estudi descriptiu del IMC a l’inici i al final de la gestació en funció de la raça”. Borrell Molins,A.; Taltavull,A.; **Adrados,C.**, Vila,E.; Ramos,JM. XXV Reunió de ginecòlegs i obstetres de les comarques catalanes. Lleida, Octubre 2007
- “Holoprosencefalia, a propósito de 3 casos”. **Adrados Planell,C.**; Torrent,S.; Canet,J.; Marquez,V.; Ramos,JM. XXV Congreso Nacional de Ecografía Obstétrico-Ginecológica. Murcia, Octubre 2008
- “Índex de Masa Corporal Inicial en gestants, Influència en el pes del nadó i incidència de macrosomia en funció de l’IMC”. **Adrados Planell,C.**; Torrent,S.; Borrell,A.; Florensa,A.; Ramos,JM. XXIV Jornada de Cloenda. Figueres, Maig 2008
- “Tumor Borderline de Trompa. Caso clínico”. **Adrados Planell,C.**; Florensa ,A.; Sala, E.; Álvarez,E. XXVI Reunió de Ginecòlegs i Obstetres de les comarques Catalanes. Girona, Novembre 2008.

OTHER ACTIVITIES

- Associated to COMG since July 2002 no.4826.
- Collaborating in the research project FIS (Ref:020702): “Enfermedades hereditarias de importación que son causa de anemia. Estudio de su impacto en el área sanitaria de Cataluña”. Hospital Clínic de Barcelona 2002-2005.

Girona, January 2014.